

# OHUDDLE HOUR

2024/25

*Rittman Exempted  
Village Schools*



[WWW.OHUDDLE.ORG/OHUDDLE-HOUR](http://WWW.OHUDDLE.ORG/OHUDDLE-HOUR)

OHuddle Hour is an experience to promote hope, rest, fun, and self-care. Taking care of yourself takes care of our students. Sessions occur over lunch periods or before school. There is no cost to participate. All OHuddle hours are generously sponsored by community partners.

November  
7th

## OTT'S + OH-MAZING RACE

Swing by Ott's Coffee Truck on the way into work for gourmet coffee or tea and leave with organizing ideas to simplify your life from Simple Spaces!

March  
6th

## PASTRIES & PODCASTS

All staff will be treated to Miss Amy's cupcakes and a curated selection of podcasts to inspire your work with youth!

May  
1st

## CALCULATION CONFESSION

Grab a make and take snack bag. A Commercial & Savings bank representative will be on call to give advice on any finance problem you have... no purchase necessary.



## PICK YOUR OHUDDLE HOURS

Take a quick 2 minute survey to pick future OHuddle Hours or share an idea that would promote self care in your building  
[www.ohuddle.org/ohuddle-hour](http://www.ohuddle.org/ohuddle-hour)

Questions? Email RMS/RHS Site Coordinator Patty Schehl at [pschehl@ohuddle.org](mailto:pschehl@ohuddle.org) or RES Site Coordinator Courtney McConahay at [cmconahay@ohuddle.org](mailto:cmconahay@ohuddle.org)