

MEETING NOTE

#3 Voice

LOCATION : COCO'S

TIME: 1PM

TOPIC : LEVERAGING YOUR PERSONALITY & TALENT FOR TEAM

NOTE : _____

03

SPEAKER : ABBY FISCHER
CEO ILLUMINATE MENTAL HEALTH

RECOMMENDED READINGS:



ABBY FISCHER

Abby has focused her career as a social worker on working with traumatized youth.

She is the co-owner of Illuminate Mental Health, LLC with Angela Workman. Illuminate was founded to create a safe space to connect with and to educate everyone about mental health.

Abby has a passion for helping individuals and families connect with themselves and each other. Her goal is to make mental health education available and accessible for every child and family.

She is a lifelong resident of Wayne County and was blessed to grow up in a home that valued serving others. Abby does my best to honor this in the work she does daily.

session materials

